

# DMCC FITNESS HUB GUIDELINES

DMCC Fitness Hub strictly adheres to all rules and regulations laid out by Government authorities, including Dubai Health Authority (DHA) and Dubai Sports Council to ensure the health and safety of everyone in JLT Park.



## Venue guidelines:

- Dedicated staff managing the event
- Dedicated team for event hygiene and sanitisation
- Daily disinfection of the facility prior to morning opening
- Daily fumigation of the park post closure
- Isolation/quarantine room onsite
- Display of Safety guidelines and participation rules will be placed in highly visible areas, including entrances and other park areas
- We will maintain adequate records of all visitors, including names, telephone numbers and visit dates to assist with COVID-19 contact tracing if required. This will also be done for staff and on-site team members
- Touch free hand sanitising dispensers will be placed across the DMCC Fitness Hub



## Equipment guidelines:

- Participants should bring their sports equipment including yoga mats and towels in order to maintain hygiene



## F&B guidelines:

- All food and beverage areas should maintain a 1m distance between seating arrangements
- Food will be served in disposable plates with disposable cutlery
- Beverage dispensers will not be available, however beverages in disposable containers will be available



### Participant guidelines:

- All participants will be required to enter the hub from only the main entrance to the park
- All participants must pre-register and present mobile registration codes upon venue entry. Unregistered visitors will not be granted entry
- All participants must arrive 10 minutes prior to class time to ensure their booking is not cancelled
- All participants are required to leave the fitness hub right after their class ends
- Adults are strictly prohibited to access sessions for children and dedicated play areas in the main workout space, unless the fitness class is for both groups
- Participants will be granted entry to the hub only 20 minutes before their session starts
- Class bookings and registration will open only 48 hours prior to class



### Visitor guidelines:

- Pre-registration is mandatory 48 hours before each class. Entry will be refused if this has not been done as accurate information is required should the need for contact tracing in light of COVID-19 arise
- All participants are required to bring their registration codes on their mobile devices
- Only one entry point is available for all participants who wish to enter the DMCC Fitness Hub with their registration codes
- All visitors must always wear a face mask, unless you are engaged in strenuous physical activity, in which case masks may be lowered or removed
- Social distancing is mandatory
- Frequent use of sanitisers installed around the DMCC Fitness Hub is recommended
- Participants should refrain from celebrating or hugging or engaging in any close physical proximity during and after sessions
- Intermingling of members of different groups is prohibited
- No linen or towels will be provided