



RULES AND REGULATIONS

- Before beginning any exercise program consult your physician or health care professional. Only he or she can determine the exercise program that is appropriate for your age and conditions. If you experience any lightheadedness, dizziness or shortness of breath while exercising, stop the exercise and consult your physician.
- This is not children's play equipment.
- The equipment is attended for use by youth and adults.
- This equipment is designed for young or adult users measuring more than 140 cm and who weigh no more than 330 lbs
- Use the equipment only for its intended purpose.
- Keep a safe distance from exercise equipment when in use by others.
- Only one user at a time at each user station.
- Please use the exercise equipment with respect.
- Inspect the equipment prior to using. DO NOT use if it appears damaged. If any abnormalities are noticed, please call 04 3688883.
- DMCC does not provide any supervision for the use of the equipment.
- Users of equipment assume all risks and responsibility for any accidents, injuries, illness and conditions of any kind arising out of the use of the equipment.



GET IN TOUCH

For enquiries or concerns contact Concordia Service Centre:

Tel: 04 368 8883

Email: servicecentre@concordiadubai.com

NOTICE

Use of and/or presence on this fitness station for any purpose whatsoever is entirely at the risk of each and every individual user. Neither DMCC nor Concordia DMCC, including through any act or omission on the part of DMCC or Concordia DMCC or any of its respective contractors, employees or servants, is liable in whole or in part for any loss, damage theft or injury to persons or property which may arise from use of and/or presence on (or as a result of any activities conducted on) the fitness station or its surroundings, and howsoever arising.